

ALL WEEK
\$5 OFF
 Any purchase of \$25 or more
 DINE-IN ONLY
 EXCLUDES ALCOHOL
 860-317-1082 • 860-317-1117
 With coupon. Not to be combined with any other offers. LIMITED TIME OFFER.

ALL WEEK
\$2 OFF
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SUNDAY
\$5 OFF
 Any Large Pizza
\$3 OFF
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MONDAY
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TUESDAY
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\$1 OFF
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GRINDERS
CLASSIC COLD GRINDERS

| | | | | | |
|---|----------------|----------------|-------------------|----------------|-----------------|
| ITALIAN Ham, Genoa & pepperoni. | Small 6 | Large 8 | TURKEY | Small 6 | Large 8 |
| HAM | Small 6 | Large 8 | TUNA | Small 6 | Large 8 |
| GENOA SALAMI | Small 6 | Large 8 | ROAST BEEF | Small 7 | Large 11 |

CLASSIC HOT OVEN GRINDERS

| | | | | | |
|---|----------------|-----------------|--|----------------|-----------------|
| GRILLED CHICKEN Lettuce, tomato & cheese. | Small 6 | Large 8 | REAL VEAL Parmesan style or served with lettuce, tomato & cheese. | Small 8 | Large 12 |
| CHICKEN CUTLET Lettuce, tomato & cheese. | Small 6 | Large 8 | CHEESEBURGER Lettuce, tomato & cheese. | Small 7 | Large 11 |
| CHICKEN PARMESAN | Small 6 | Large 8 | CANTINA Carnitas, ham, chorizo, avocado, Mexican cheese, mayo, lettuce & tomatoes. | Small 7 | Large 11 |
| EGGPLANT PARMESAN | Small 6 | Large 8 | SLAMMER Kielbasa, BBQ sauce, sautéed onion & peppers, French fries & Mexican cheese. | Small 8 | Large 12 |
| SAUSAGE PARMESAN | Small 6 | Large 8 | PHILLY STEAK Onion, mushrooms, peppers & American cheese. | Small 7 | Large 11 |
| MEATBALLS PARMESAN | Small 6 | Large 8 | | | |
| PASTRAMI Pastrami & cheese. | Small 7 | Large 11 | | | |

SANDWICHES

*Bread Choices: White • Rye • Sour Dough
 With your choice of French fries or sweet potato fries. Onion Rings 1.00 more.*

| | | | |
|--|-----------|--|-----------|
| PULLED CHICKEN | 8 | CHEESEBURGER With lettuce, tomato & pickles. | 9 |
| PRIMO SANDWICH Cajun grilled chicken topped with bacon, avocado, chipotle mayo, lettuce & tomato. | 9 | DOUBLE CHEESEBURGER Two 4 oz. cheeseburger, lettuce, tomato & pickles. | 11 |
| CHICKEN PARMESAN SANDWICH Crispy chicken with marinara sauce & cheese on sour dough bread. | 9 | CHEESY BURGER Swiss, mozzarella, cheddar, American & goat cheese, lettuce, tomato & pickles. | 10 |
| CANTINA BURGER Tortilla chips, lettuce, pico de gallo & Mexican cheese. | 10 | FISH BURGER Fried cod, tartar sauce, lettuce, tomato & pickles. | 9 |
| PULLED PORK SANDWICH BBQ pulled pork, served on sour dough bread. | 9 | REUBEN'S Your choice of pastrami or corned beef, on a marble rye bread with Swiss cheese, sauerkraut & thousand island dressing. | 9 |
| BLACK BEAN BURGER Veggie burger with lettuce, tomato, onion & pickles. | 8 | | |
| "THE BURGER" Cheeseburger topped with lettuce, tomato, onion, pickles, bacon, onion, egg & thousand island dressing. | 10 | | |

WRAPS

*Wrap Choices: Southwest • Chipotle • Wheat • Spinach • Classic
 All wraps come with your choice of French fries or sweet potato. Onion rings 1.00 more.*

| | | | |
|--|-----------|--|----------|
| CHICKEN CAESAR Grilled or Cajun chicken, romaine lettuce, Parmesan cheese & Caesar dressing. | 9 | TUNA WRAP Lettuce & tomatoes. | 8 |
| CANTINA WRAP Broiled salmon, chipotle mayo, lettuce & guacamole. | 11 | PHILLY STEAK Shaved steak, onion, peppers, mushrooms & American cheese. | 9 |
| BUFFALO CHICKEN Crispy chicken, home made blue cheese, lettuce & tomato. | 9 | VEGGIE WRAP Mushrooms, onion, peppers, broccoli, artichokes, lettuce & black olives. | 7 |
| CHEESEBURGER WRAP Cheeseburger with lettuce, tomato & pickles. | 9 | BLT Bacon, lettuce, tomatoes & mayo. | 9 |

MEXICAN
MEXICAN DINNERS

Carne Asada • Steak a la Tampiquena • Enchiladas
 Cantina Especial • Fajitas

TACOS

| | | | |
|--|-----------|---|-----------|
| TEX MEX (3) Lettuce, tomato, cheese on flour tortillas | 8 | STEAK & CHORIZO (4) Corn tortillas with onion & cilantro. | 9 |
| FISH TACOS (3) Fried fish strips on flour tortillas with our special sauce, lettuce & pico de gallo. | 10 | BLACKENED SHRIMP (3) On flour tortilla with pico de gallo. | 12 |
| PULLED PORK (4) Pulled pork on corn tortillas with pico de gallo. | 9 | BARBACOA TACOS (4) Corn tortillas with onion & cilantro. | 9 |
| CARNITAS (4) Corn tortillas with onion & cilantro. | 9 | CARNE ASADA Marinated flat steak, served with rice (choice of rice) beans, guacamole, corn tortillas & pico de gallo. | 13 |

FAJITAS

| | | | |
|--|-----------|------------|--|
| STEAK A LA TAMPIQUENA Marinated steak served with 2 beef enchiladas, refried beans, pico de gallo, fresh guacamole & french fries. | 15 | | |
| ENCHILADAS VERDES O ROJAS Steak or chicken, served with cheese, rice (choice of rice) & beans. | 13 | | |
| FAJITAS | | | |
| Steak | 14 | | |
| Chicken | 13 | | |
| Steak & Chorizo | 14 | | |
| ENCHIPOTLADO | | | |
| Sautéed with garlic & onion in a tomato chipotle & butter sauce, served over rice. | | | |
| Chicken | 13 | | |
| Steak | 14 | | |
| Shrimp | 17 | HOT | |

BURRITOS

| | | | |
|---|----------|---|-----------|
| STEAK & CHORIZO Onion, peppers, beans, rice & cheese. | 9 | SHRIMP Blackened shrimp, cheese & rice. | 11 |
| CHICKEN Pulled chicken, beans, rice & cheese. | 9 | CARNITAS Rice, cheese & pico de gallo. | 9 |
| STEAK Onion, peppers, cheese, rice & beans. | 9 | CANTINA ESPECIAL Chorizo, chicken, steak & shrimp, sautéed with onion, peppers & served with rice, beans, pico de gallo, cheese & corn tortillas. | 17 |
| BARBACOA Pico de Gallo, Mexican cheese & rice. | 9 | | |

KIDS

| | | | |
|---|----------|---|----------|
| PASTA WITH SAUCE | 6 | CHEESE OR CHICKEN ENCHILADAS (2) With rice & beans. | 6 |
| CHEESEBURGER & FRIES or veggie | 5 | TACO SALAD chicken or beef | 6 |
| NACHOS just cheese | 5 | CHICKEN QUESADILLA & FRIES | 6 |
| CHICKEN TENDERS & FRIES | 6 | | |
| TACOS WITH RICE & BEANS (2) | 5 | | |
| Hamburger or chicken in flour tortillas. | | | |

BEVERAGES

| | | | |
|---------------------------|-------------|---------------|-------------|
| FOUNTAIN SODA COKE | 1.75 | COFFEE | 1.75 |
| BOTTLE SODA COKE | 1.75 | TEA | 1.75 |



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 lacantinabargrill.com

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at La Cantina, restaurant

WEEKLY SPECIALS

ALL WEEK • ANY TIME

Buy a Small Pizza & Get a 20 oz. Soda or Water

Buy Two Large Pizzas & Get a Small Cheese Pizza

FREE

FREE

MONDAY • ALL DAY
STEAK DINNERS \$10

Choose from 10 oz. sirloin steak, served with mash potato & vegetable of the day or carne asada with rice, beans, tortillas & pico de gallo or fajitas steak

TUESDAY • ALL DAY
HOUSE MARGARITAS \$4

BURGERS FOR ALL \$8

Get a burger with your choice of toppings & flavors.

Toppings: bacon, cheese, mushrooms, onion, peppers, egg, pickles.
 Flavors: bourbon molasses, Cajun, chipotle, teriyaki, chipotle BBQ, buffalo. Served with fries.

WEDNESDAY • ALL DAY
SIGNATURE FISH TACOS \$2.50

BARBACOA, CARNITAS, TEX-MEX or CHICKEN TACOS **\$1.25**

THURSDAY • ALL DAY
PASTA \$8

Choice of sausage, meatballs, eggplant parmesan or chicken parmesan
 Served with garlic bread

FRIDAY • ALL DAY

Fried clam strips & cod served with cole slaw & cup of new England clam chowder
\$8.50

SUNDAY & MONDAY FOOTBALL
 – DURING THE GAME ONLY • LOUNGE ONLY –

16 oz. BUD LIGHT **\$2**

PITCHER OF BUD LIGHT & CHOICE OF THREE ITEMS **\$15**

CHOOSE FROM: French Fries, Potato Skins, Fish Bites, Nachos, Mozzarella Sticks, Onion Rings & Cheese Quesadilla

ANY SMALL PIZZA **\$10**

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STARTERS

| | | |
|---|---|----------|
| SOUP OF THE DAY | | |
| CHILI | cup 4.5 bowl 5.5 | |
| JALAPENO POPPERS (8) | | 7 |
| CHICKEN TENDERS | with choice of sauce | 8 |
| WINGS with choice of sauce | | |
| 6 pieces | 6 | |
| 10 pieces | 8 | |
| 20 pieces | 15 | |
| 30 pieces | 21 | |
| SAUCES: | | |
| BBQ • Chipotle BBQ • Boom Boom | | |
| Orange Ginger • Garlic Sesame • Buffalo | | |
| Chipotle • Buffalo Garlic • Cajun | | |
| Sweet Chili • Teriyaki • Garlic | | |
| Mango Habanero • Bourbon Molasses | | |
| Garlic Parmesan • Pineapple Jalapeno | | |
| NACHOS | With your choice of barbacoa, pulled pork, chili or taco meat. Pico de gallo, cheese & jalapenos. | 8 |
| CHORIZO FLAT BREAD | Chorizo, goat cheese, caramelized onion & cilantro. | 9 |
| VEGETABLE FLAT BREAD | Roasted tomatoes, artichokes, spinach, scallions & blue cheese. | 7 |
| QUESADILLAS | Chicken or carnitas, with Mexican cheese, guacamole, salsa & sour cream on the side. | 8 |
| FRIED CALAMARI | Chipotle, banana cherry peppers, chipotle mayo or habanero mango. | 9 |
| NACHO FRIES | With chili & cheese. | 7 |
| PULLED PORK SLIDERS | Four mini rolls topped with cheddar cheese & fries. | 8 |
| MOZZARELLA STICKS (8) | | 7 |
| POTATO SKINS | | 7 |
| FISH BITES | | 8 |
| FRENCH FRIES | | 4 |
| SWEET POTATO FRIES | | 5 |
| FRESH GUACAMOLE & CHIPS | | 7 |



SALADS

| | |
|--|----|
| “LA CANTINA” SALAD | 12 |
| Romaine lettuce, Cajun grilled chicken, tortilla chips, avocado & parmesan cheese with Caesar dressing. | |
| with 10 oz. Steak | 15 |
| with 6 oz. Shrimp | 17 |
| INSALATA DI CAPRA | 11 |
| Goat cheese, roasted tomatoes, artichokes & black olives, tossed in vinaigrette dressing. | |
| SOUTH WEST STEAK | 14 |
| 10 oz. blackened steak over a bed of mixed lettuce, corn, beans, peppers & onion. | |
| TUNA SALAD | 10 |
| BUFFALO CHICKEN | 11 |
| Crispy chicken with buffalo sauce, on a bed of lettuce, tomatoes, peppers, onion, cucumbers, carrots & celery. | |
| ANTIPASTO SALAD | 11 |
| Salami, pepperoni, ham, Genoa & provolone cheese on a house salad. | |
| CRISPY CHICKEN | 11 |
| Crispy chicken served on a bed of lettuce, tomatoes, onion, cucumbers, spaghetti, Monterrey jack cheese & bacon. | |
| HOUSE SALAD | 6 |
| Mixed lettuce, cucumber, onion, peppers, tomato & carrots. | |
| CHEF SALAD | 10 |
| Ham, turkey, American cheese, lettuce, tomatoes, cucumbers, onion, peppers & boiled eggs. | |
| THE CAESAR | |
| Parmesan cheese and croutons served on a bed of romaine lettuce & Caesar dressing on the side. | |
| with Grilled Chicken | 12 |
| with Steak | 15 |
| with Shrimp | 17 |
| TACO SALAD | 11 |
| Taco meat with shredded lettuce, pico de gallo & cheese, served in a tortilla bowl. Cream & salsa on the side. | |
| DRESSINGS | |
| Raspberry Vinaigrette • Ranch | |
| Honey Mustard • Balsamic • 1000 Island | |
| Parmesan Peppercorn • French • Greek | |
| HOUSE MADE DRESSINGS | |
| Cream of Garlic • Blue Cheese • Italian | |



DINNERS

Served with Soup or salad and one side of your choice: rice, beans, fries, baked potato, vegetable of the day or pasta.

| | |
|--|----|
| BLACKENED STEAK | 15 |
| Topped with onion, peppers & jalapenos | |
| SIRLOIN STEAK 12 oz. | 14 |
| NEW YORK STRIP 12 oz. | 16 |
| FISH & CHIPS | 11 |
| Breaded cod fried until light golden brown. Served with fries & cole slaw. | |
| FRIED SCALLOPS | 18 |
| Breaded scallops fried until light golden brown. Served with fries & cole slaw. | |
| FRIED SHRIMP | 15 |
| Breaded shrimp fried until light golden brown. Served with fries & cole slaw. | |
| FRIED CLAM STRIPS | 11 |
| Tender clam strips battered and fried until light golden brown. Served with fries & cole slaw. | |
| SPARERIBS half rack 14 • full rack 18 | |
| Tender pork ribs in adobo seasoning or BBQ sauce and a side of your choice. | |
| CANTINA SALMON | 16 |
| Broiled salmon in mango habanero sauce. Served with rice & guacamole. | |
| FISHERMAN'S PLATTER | 19 |
| Fresh scallops, shrimp, cod & clam strips lightly breaded and fried until light golden brown. Served with fries & cole slaw. | |
| BROILED SEA SCALLOPS | 19 |
| Fresh scallops topped with bread crumbs in a white wine sauce and broiled in a casserole with a side of your choice. | |
| BAKED FISH | 13 |
| Tender fillet of cod baked with bread crumbs in a white wine sauce served with a side of your choice. | |



SAUTÉED

Served with your choice of rice or pasta (linguini, angel hair, shells, ziti, spaghetti) and soup or salad.

| | |
|--|----|
| CHICKEN PARMESAN | 13 |
| EGGPLANT PARMESAN | 12 |
| VEAL PARMESAN | 17 |
| CHICKEN ALFREDO | 14 |
| PASTA WITH SAUCE | |
| Alfredo | 11 |
| Tomato Sauce | 9 |
| Pesto | 10 |
| Marsala | 11 |
| Garlic & Olive Oil | 9 |
| NEWBURG | 22 |
| Scallops, shrimp & lobster meat in a creamy sherry wine sauce. | |
| MEDITERRANEAN CHICKEN | 14 |
| Artichokes, black olives, roast tomatoes & goat cheese tossed over pasta. | |
| BEEF TIPS | 16 |
| Teriyaki or burgundy sauce, with onions & peppers, with your choice of rice or pasta. | |
| CARIBBEAN SHRIMP | 16 |
| Calamari & shrimp sautéed in a white wine & mango habanero sauce tossed with your choice of pasta or rice. | |
| SUMMER CHICKEN | 14 |
| Sautéed chicken with artichokes, roasted tomatoes & broccoli with olive oil and garlic sauce, tossed over pasta. | |
| MARSALA | |
| Sautéed mushrooms tossed with a Marsala wine sauce over pasta. | |
| Chicken | 14 |
| Veal Medallions | 17 |
| SHRIMP SCAMPI | 17 |
| Sautéed shrimp in a garlic & olive oil sauce tossed over pasta. | |

SIDES

| | |
|-------------------------------------|---|
| RICE & BEANS | 5 |
| RICE | 3 |
| BEANS | 3 |
| PASTA | 4 |
| BAKED POTATO | 3 |
| LOADED POTATO bacon & cheese | 5 |
| VEGETABLE OF THE DAY | 3 |
| GUACAMOLE | 3 |

Items can be cooked to order upon request. Thoroughly cooking foods such as pork, lamb, beef, fish, shellfish, eggs or poultry reduces the risk of food bourn illness. Individuals with certain health conditions may be at risk if food is consumed raw or under cooked.

PIZZA

MAKE YOUR OWN PIZZA

Small **11** • Large **16**

MEAT TOPPINGS Small **1.00** • Large **1.50**
Pepperoni • Ham • Salami • Meatball • Sausage • Hamburger • Bacon • Chicken

VEGGIE TOPPINGS Small **0.75** • Large **1.25**
Onion • Tomato • Green Pepper • Artichoke • Eggplant
Jalapenos • Black Olives • Banana Pepper • Pineapple • Broccoli
Mushroom • Roasted Tomatoes

CHICKEN ALFREDO Small **13** • Large **18**
Grilled chicken on Alfredo sauce base.

RICOTTA Small **12** • Large **17**
Spinach, garlic, broccoli & ricotta cheese.

CANTINA Small **13** • Large **18**
Chorizo, beans & jalapenos.

BBQ Small **13** • Large **18**
Our pulled pork with Red onion, cheddar cheese on BBQ sauce base.

CALIENTE Small **13** • Large **18**
Crispy chicken tossed on buffalo sauce on tomato base sauce.

MEDITERRANEAN Small **13** • Large **18**
Artichokes, black olives & eggplant in white base sauce.

RANCH Small **13** • Large **18**
Chicken & bacon in a ranch base sauce.

VEGGIE Small **12** • Large **17**
Tomatoes, peppers, broccoli, black olives & Tomato sauce or oil on garlic base.

MARGARITA Small **11** • Large **16**
Tomatoes & fresh basil on white base sauce.

NEW ENGLAND Small **13** • Large **18**
Clams & bacon on white sauce.

CHEESY Small **13** • Large **18**
Cheddar, ricotta, goat cheese & parmesan on white sauce base.

MEATBALL Small **13** • Large **18**
Eggplant, meatball & banana peppers.

PESTO Small **13** • Large **18**
Chicken, roasted tomatoes & artichokes in pesto base sauce.

TACO Small **13** • Large **17**
Taco meat, tomatoes, tortilla chips & lettuce.

MEAT EATERS Small **13** • Large **18**
Pepperoni, hamburger, sausage, bacon & ham on tomato sauce.

POTATO Small **13** • Large **18**
Sliced potato, bacon & broccoli on Alfredo sauce base.

CLASSIC Small **11** • Large **16**
Mozzarella & parmesan on tomato sauce base.

CALZONE **8**
Just cheese • Extras 1.00 each



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